

One Community structure

Chaired by a local GP and beginning in 2018, One Barnstaple is an alliance of organisations and residents who live and work in the local area. Following the public launch by One Northern Devon in May 2019, the Community Developer role began in December 2019 and is hosted by NDVS. Since conception the membership of the One Barnstaple forum has increased to 84 active individuals that represent 58 local organisations and residents across the area.

Find out more on the [One Barnstaple website](#)

One Barnstaple's vision

One Barnstaple's vision was set in 2018 when One Barnstaple launched through One Northern Devon - 'Better health, economic prosperity and a high-quality living environment for all Barnstaple residents'.

Key development stages

- Began in May 2019
- Community Developer started in December 2019, employed by NDVS to carry out core duties. Moved over to a hosted role in April 2020.
- Date community engagement May 2019 Launch Event
- Date looked at JSNA public health data May 2019
- Date formed list of priorities of town In Feb 2021 we asked members 4 key questions (see slides Barnstaple 21-22) which went on to be developed into our Community and Wellbeing Framework with 8 identified priorities linking to each of the 6 pillars of wellbeing. In turn each of our priorities link to aspects of the OND 10-year Health and Wellbeing Strategy. It's a live piece of work with all our actions and projects, decisions and plans being viewed with the elements in mind.
- New Interim chair elected - Louise Flagg

One Barnstaple core group

OB Chair / NDVS - Louise Flagg

Barnstaple Town Council - Sue Petters

Barnstaple PCN - Sarah Milton

OB Community Developer - Ella McCann

OND Representative - James Lander

North Devon District Council - Bev Triggs

Police - Andy Wills

Core Values

One Barnstaple strives to work with a set of core values and beliefs which should be demonstrated through the members, workforce, and actions of One Barnstaple.

These values are:

- Kindness, Dignity, Respect and Compassion
- Creativity and Innovation
- Co-Production and Partnerships
- Integrity and Authenticity
- Advocacy and Empowerment
- Inclusivity

Key Themes

In 2021 One Barnstaple adopted a foundation of Key Themes which encompasses the Health and Wellbeing of People and Place.

This foundation of key themes forms the framework to which all actions and activities are linked:

- Body | Physical Health
- Mind | Psychological Wellbeing
- Spirit | Giving of time – sharing of skills
- People | Connecting with others
- Place | Take notice – connect with the local area
- Planet | Care for Climate and Environment

Engagement outcomes

In 2019, over 1000 Barnstaple residents were surveyed by One Barnstaple asking them three questions.

1. What is the best thing about Barnstaple?
2. What one thing would you change?
3. What would make Barnstaple a healthier place to live?

Results in order of number of responses

	What is the best thing about Barnstaple?	What one thing would you change?	What would make Barnstaple a healthier place
1	Shops and Pannier Market	Empty shops / More shops / Inde shops	Recycling/litter/fly tipping
2	Community / Atmosphere	Cleaner streets / more street recycling	Less pollution (air and water) / Less plastic
3	Green/Blue Spaces / Location	Tackle homelessness	Healthier places to eat/less unhealthy
4	Centralness / Access	Need more activities for kids and adults	Reduce traffic around town
5	Cafes / Restaurants	Traffic	Accessible/better /more green / blue spaces
6	Activities / Events	Improve areas - facelift/regeneration/development	More free/cheaper healthy activity / advice
7	Leisure Centre /Swimming Pool	Need bigger chains (WAGA, H&M, F&Bennys)	More swimming pools / sports facilities
8	Library	Tackle climate change / pollution / plastic free	Less smoking
9	Skatepark	Better public transport (bus and rail)	More cycle lanes/cycle network/provision
10	Cinema	Road improvements /system	Improve community / community space / events
11	Low crime and policing	cheaper parking	More walking and walking routes
12	Barnstaple Fair	Leisure Centre / Swimming Pools / Sports offer	Improve HS and shops / independent shops
13	Hospital and medical treatment	More / Better parks	Improve public transport /trains / buses
14	Sports clubs / opportunities	More skateparks	More fruit and veg - farmers market/free fruit
15	Travel links / Public transport	The people	Address drug problem/more facilities
16	Facilities	Sense of community /Comm Centre / Events	Tackle homelessness
17	Schools	No school / homework / uniform	NHS investment
18	Walking opportunities	Less development	Less building development
19	Parking	More affordable housing	Cleaner / open public toilets
20	Theatre	More police / Less crime	Electric cars / Electric car charging points

One Barnstaple Strategy and Priorities for 2021-2022 as decided by One Barnstaple

Members Developed from February 2021 and remains [a working document](#) to respond to changing community and the national landscape. In March 2022 OB released a 2022/23 proposal - [One Barnstaple Development Proposal 2022-2023 | Working together for Community Wellbeing](#).

One Barnstaple 2021/22 Priorities as requested by members:

All priorities, activities and initiatives link back to one or more aspects of the One Barnstaple Community and Wellbeing Framework and [the five ways of wellbeing](#) used by the NHS and DPT.

1. [Funding and Future Planning](#) - identifying and building collaborative funding opportunities and longer term One Barnstaple funding streams.
2. **One Barnstaple Mental Health Network** - linking the provisions supporting mental health / psychological wellbeing locally, raising awareness of resources, exploring gaps and co-producing opportunities and solutions.
3. **One Barnstaple Volunteer Bank** - A skills-based bank of volunteers able to support community activities, be shared across the membership and experience varied opportunities to give their time, share skills and learn or try new things.
4. **Connected Community** - Networking sessions, focussed topic meetings, engagement and events for One Barnstaple Members and Community.
5. **Community Hub** - A physical space for activities and collaborative working
6. **Media and Communications Coordination** - To enable sharing of campaigns across the partnership, gathering of good news stories, newsletters etc.

7. **One Barnstaple Food Network** - developing solutions to food inequality and food waste including initiatives such as Grow Share Cook, Community Fridge etc
8. **Virtual Hub** - for professionals within the membership to ask questions, share updates, collaborate ideas and access resources.

5 Community development

6 One Barnstaple

1. Active
 2. Completed
 3. In development
 4. Not currently active
1. **Active**

Project	Date (to-from)	Outputs (Actions taken)	Outcomes (who/how this helped)	Partners
Volunteer bank (priority 3): Covid Isolation response		Draft proposal in development Sourcing potential partners Recruited 'local notice board champions'	In development	Barnstaple Town Council North Devon Council NDVS
12 Week PCN leisure & activity taster sessions	22/2/22 - 31/3/22	Programme of 12 sessions created with multiple partners Plus a 'Celebration and moving on' session Tuesday 5th April 2022 - to celebrate with the participants from the programme, gather providers from sessions to re-connect and to introduce some new opportunities for the group members to take up beyond the programme's end date CD's organised, advertised and facilitated programme of activities	Full report (April 2022) Each member of the group has shown determination in overcoming barriers and challenges relating to the range of health and wellbeing conditions they are experiencing Participant feedback has highlighted changes in behavioural, psychological, and physical health and wellbeing. Has also led to increased membership with local community groups	Active Devon (Funder)

<p>OND Community Flow</p>		<p>Group recruitment - online “Meet and Greet” session to batch process 4 prospective volunteers passed onto NDHT volunteer recruitment (Feb 2021)</p>	<p>Provided a package of support for an individual by combining projects – in 1 day (Jan 2020)</p>	<p>NDHT</p>
<p>Virtual Hub (priority 8) A Community management platform (Groop)</p>	<p>2021 (12 months)</p>	<p>131 invited approx 95 active members, consisting of 58 organisations 5 partner organisations using it as a private platform DCC funded 12 months of ‘Groop’ platform, town Council holds contract to connect organisations CD invited to speak with NDHT Personalised Care Support Manager at the Peninsula Cancer Alliance meeting to outline the network made possible by OND and the Groop platform</p>	<p>9 feedback forms 12 Champions trained to use Groop (Apr 2021) The Fern Centre (Holly) and Learn Devon (Sandra) have developed a programme of art sessions and (Holly) have linked with PCN Wellbeing Team to refer people through to programmes of activity and other offers from the Community Connectors. Testimonials available</p>	<p>Barnstaple Town Council Devon County Council Early nourishment CIC North Devon Council Survivors’ alliance North Devon</p>
		<p>Living Options Devon have been supported to set up their own Groop for beneficiaries and volunteers</p>	<p>‘We felt that Groop was very focused on beneficiaries, volunteers and ‘the people’ which is what we’re all about’ Becki Haddock</p> <p><small>Charity Hub Coordinator Living Options Devon</small></p>	<p>Living Options Devon</p>
<p>One Barnstaple Mental Health Network (priority 2)</p>		<p>monthly virtual Mental Health Network Meetings Mapping gaps and existing services Set up an interactive google map for professionals (2020), superseded by ‘Adoddle’ interactive map (2021) Exploring use of ‘Devon-Connect’ platform with NDVS</p>	<p>‘Clarity counselling’ harnessed this information to apply for for bids and approach potential partners</p>	<p>Learn Devon Fern Centre Clarity counselling Survivors Alliance NDVS Early Nourishment CIC One Small Step Co-op member pioneer DPT Recovery Devon</p>

Connected Communities		Supporting research to capture reflections of experience of recruitment/retention of autistic/anxious staff	outcomes?	Petroc Waymakers CIC
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1. Completed

Project	Date (to-from)	Outputs (Actions taken)	Outcomes (who/how this helped)	Partners
One Barnstaple Flow Pilot		Telephone coaching/reflective practice provided by CD and regular check ins for those supporting complex individuals (Mar 2021) 'Preventative huddle' (May 2021) support to professionals dealing with individuals with complex needs CD & CMHT discussed concerns over no "quality stamp" for community groups for safe referrals	The pilot very successfully achieved positive impacts for individuals with them reporting an average score of 4.32 out of 5 meaning they felt understood and supported See 2019/20 Flow Pilot report	NDHT
Pay points for the Homeless		2 pay points installed <ul style="list-style-type: none"> Boston tea party and Tesco Extra 	Donations can be made direct to local homeless charity Rough sleepers can be reported to the Street Link website Kims email for stats?	Police crime commissioner (funder) Community Safety Partnership Barnstaple policing team
Rough sleeper support		What happened?	Improved access to GP outreach - The GP outreach clinic now takes place at the Freedom centre, including showers and phone charging PCN/rough sleepers initiative have data - need a contact	Freedom community Alliance Barnstaple PCN NDHT Encompass North Devon Council DPT
Initial engagement event	2019	Engagement Event 1,000+ residents attended	Community Needs Analysis document? CD Work plan developed to reflect priorities	

			identified	
Making Every Adult Matter		professionals from multiple services explored the Changing Futures Funding as a team (Dec 2020)	outcomes?	MEAM Encompass
Asset Mapping: Food	April 2021		Food insight report Produced April 2021	OND Devon Community Foundation

Covid-19 Crisis response 2020/21

The One Barnstaple Response Team formed through the various partners of One Barnstaple and included representatives from the District and Town Council, One Northern Devon, Health, Social Care, Police and the One Barnstaple Community Developer. The team, supported by Barnstaple Town Council, worked tirelessly to aid residents in help with medication, shopping, access to voluntary services and other urgent assistance. A smaller core Team of partners was set up to meet on a regular basis to support the volunteer response and focus on community safety.

Covid-19 Crisis responses (2020/21)	March 2020 - Nov 2021	Recruited and supported volunteers <ul style="list-style-type: none"> Developed induction pack 	In total *** requests for support were fulfilled.	
	March 2020 - Nov 2021	Approx 225 incoming referrals from NDC <ul style="list-style-type: none"> Setup a case management system Communicated 1:1 with referrals Identified needs and matched with volunteers (also supported colleagues in Barnstaple town council to do the same) 	Several received multiple support Continued support for those still in isolation from neighbourly community members	Barnstaple Town Council North Devon District Council NDVS Barnstaple primary care network Devon CCG Devon and Cornwall police constabulary OND Tarka learning partnership Barnstaple Corona-virus and community support group

1. In development

Project	Date (to-from)	Outputs (Actions taken)	Outcomes (who/how this helped)	Partners
Barnstaple Heritage Trail		In development	In development	
Talking Cafe		Library are interested in hosting in foyer space	To increase self-sufficiency long	Barnstaple Library North Devon

		Offering 1 for residents with low level mental health illnesses (recruiting volunteers to support)	term	Homes
Men's Shed Barnstaple		Empowering a few people to help them set up two sheds	In development	Mens Shed UK Barnstaple Town Council
Community Hub		Community Members/Groups/Services Survey (Dec 2020) Potential building identified (currently used for Covid vaccinations) Stakeholder engagement started Seeking funding		North Devon Council CMHT
Grow, Share, Cook		Organised support: offer of van and driver from Live West, budget from TGL, offer from Action for Children regarding collection points at Children's Centres (Oct 2020) connected with a Public Health Professional / Nutritionist to discuss research findings to enable shared learning and resources (Dec 2020) LiveWest have contributed £500 (Apr 2021)	Increased Healthier and sustainable eating options for xx	Live West TGL Action for Children Public Health Professional
Community Fridge		DCC Waste Worker (Emma Croft) organising funding DCC support for Jan 2022	In development	Devon County Council

1. Not currently active

Project	Date (to-from)	Outputs (Actions taken)	Outcomes (who/how this helped)	Partners